**This Month’s Featured Courses**

**MBTI & THE WORKPLACE**
Designed as a follow-up course to “It Takes All Types: Intro to the MBTI”, this workshop is intended to help participants gain practical ideas for utilizing type in the workplace. Participants will begin by exploring how their own type can be expressed through working styles and preferences. Subsequently, participants will explore how other type preferences can be expressed in the workplace, and will examine hands-on techniques for navigating effective working styles among all 16 types. Through the use of discussion and small group exercises, class participants will gain tools and insight for utilizing type in typical workplace situations including ideal working environment, team building and will also apply the type lens to the larger organization. Prerequisite: Previous attendance of an MBTI Overview workshop (such as “It Takes All Types: Intro to the MBTI”) and knowledge of your MBTI type.

**A BABY! WHAT DO I DO?**
Having a new child can be overwhelming. This session is intended to provide you with some basic processes to follow to ensure continuation of your benefits, how FMLA works and what work/life programs are available to new parents.

**ADVANCED COMMUNICATION SKILLS**
Based on extensive research on effective communication and influencing, this course provides clear, practical principles and skills that participants can immediately put into action to build rapport and create more successful outcomes in key interactions and business relationships. These skills are especially useful in working with people we perceive to be “different” than ourselves, and in “difficult” interactions. This very active approach to building rapport and communication skills is based largely on the change system called Neurolinguistic Programming (NLP), and challenges many of our assumptions and common sense ideas about communication and relationships.

Register for any of these classes at [www.training.unc.edu](http://www.training.unc.edu) or by calling 962-2550.
All classes are free and open to staff and faculty. Follow us on Facebook and Twitter!