

High blood pressure equals **HIGHER RISK OF STROKE.**



**NORMAL
BLOOD PRESSURE
IS BELOW
120/80**



**STROKE HAPPENS
WHEN A CLOT
OR RUPTURE
INTERRUPTS BLOOD
FLOW TO THE
BRAIN. WITHOUT
OXYGEN-RICH BLOOD,
BRAIN CELLS DIE.**

Most people who have a
first **STROKE** have
**HIGH BLOOD
PRESSURE.¹**



80%
of strokes can be
PREVENTED.²

Nearly
1 IN 6
American adults with
high blood pressure
DON'T KNOW.³



At age 50, people without
high blood pressure have a

**LIFE EXPECTANCY
5 YEARS
LONGER**

than people with high blood pressure.³



Have your
blood pressure
checked
and keep it
in check to

REDUCE
your **RISK OF STROKE.**

¹ Neal B et al; Lancet. 2000;356:1955-64 // ² D'Agostino, R.B. et al. Stroke. 1994;25:40-43 // ³ Mozaffarian D et al. Circulation. 2017;135:e135-139