BUILD YOUR OWN TRAIL MIX!

1. Choose 2-3 types of nuts.
   - Almonds
   - Cashews
   - Peanuts
   - Walnuts
   - Pistachios
   - Pecans

2. Choose some add-ins!
   - Raisins
   - Craisins
   - Other dried fruit (apricots or banana)
   - Yogurt covered fruit or yogurt chips
   - Mini pretzels
   - Sunflower or pumpkin seeds
   - Coconut chips
   - M&M's or chocolate chips
   - Mini peanut butter cups
   - Mini marshmallows
IDEAS FOR COMBINATIONS

**Fall Mix**
- Almonds
- Pecans
- Pumpkin seeds
- Craisins
- Chocolate chips

**Tropical Mix**
- Cashews
- Pistachios
- Banana chips
- Dried pineapple
- Coconut chips

3. Combine all ingredients in a large bowl, mix, and serve!
4. Enjoy!