

## Dark Chocolate Oat Cookies

### INGREDIENTS

1 cup old fashioned oats, dry

½ cup dark chocolate chips, 72% cacao

¼ cup honey or maple syrup

½ cup peanut butter, smooth

2-3 tablespoons chia seeds

Cinnamon (optional)

Vanilla (optional)

### DIRECTIONS

1. Mix together all ingredients until well mixed.
2. Form small balls, about the size of a tablespoon each.
3. Place in a container or on a parchment-paper lined baking sheet.
4. Place in the freezer or refrigerator until hardened.

