



Connect to Care

Anytime Access to EAP Services

GuidanceResources® Online makes it easy to get the counseling, work-life or other support you need, whenever you need it, from your home, office or anywhere else you have computer access. All it takes is three easy steps.

- Just log on to guidanceresources.com using your user name and your organization’s Web ID.
- Find the “Connect to Care” menu at the top of the homepage to guide you to 24/7 live support.
- Chose how you want to connect. It’s that simple.



Talk with an Expert

Connect with a GuidanceConsultantSM 24/7



Find a Therapist with GuidanceConnectSM

Find a therapist and book your appointment through GuidanceConnectSM



Work-Life Services

Find resources on child and elder care, legal, financial and work-life resources



Send a Question

Send us an email



Chat

Chat live with one of our GuidanceConsultantsSM

Easy Access

Whether you’re looking for in-person, telephone, or video counseling, need assistance with a work-life issue, or are seeking other services provided by your Employee Assistance Program, you can find it here. Check it out today at guidanceresources.com.

Here when you need us.

Call: TTY: 800.697.0353

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: