

OPEN ENROLLMENT

Oct. 9 – 27, 2023 | go.unc.edu/enroll

This is your annual chance to review and select your benefits options.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [919-814-4400](tel:919-814-4400).

注意: 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 919-814-4400。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn.

Gọi số [919-814-4400](tel:919-814-4400).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.

[919-814-4400](tel:919-814-4400).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le [919-814-4400](tel:919-814-4400).

تدعاسملا تامدخ نإف ،تغللا ركذا ثدحتت تنك اذإ :تظولم مقرب لصتا .ناجملاب كل رفاوتت قيوغلا

[919-814-4400](tel:919-814-4400).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau

[919-814-4400](tel:919-814-4400).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните

[919-814-4400](tel:919-814-4400).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.

Tumawag sa [919-814-4400](tel:919-814-4400).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો

[919-814-4400](tel:919-814-4400).

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្បួល គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ

[919-814-4400](tel:919-814-4400).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer:

[919-814-4400](tel:919-814-4400).

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं।

[919-814-4400](tel:919-814-4400).

ໄປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ

[919-814-4400](tel:919-814-4400).

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。

[919-814-4400](tel:919-814-4400). (edited)

ONLINE

1. Log in to ConnectCarolina at connectcarolina.unc.edu.
2. Select **"Self-Service"** from the drop-down menu at the top.
3. Click on **"My Benefits"** tile.
4. Select **"Benefits Enrollment"** (on the left). Here you'll see the options for **"State Enrollment Portal"** and **"UNC System Enrollment Portal."**
5. Click on the name of the portal to begin making your selections.

Use the State Enrollment Portal for:

- Health insurance
- Dental
- Vision
- Flexible Spending Accounts (FSAs)
- Accident
- TRICARE supplement
- Tobacco attestation

Use the UNC System Portal for:

- Group term life
- Accidental death & dismemberment
- Cancer
- Critical illness

BY PHONE

State Health Plan: Call the Eligibility and Enrollment Support Center at 855-859-0966, Mon.–Fri., 8 a.m.–10 p.m., and Sat., 8 a.m.–5 p.m.

UNC System Benefits: Call the UNC System Benefits Service Center at 833-862-1490, Mon.–Fri., 8 a.m.–5 p.m.

Be sure to make a note of your case number for your records.