





Vegan Chocolate Avocado Mousse

ingredients

3 Avocados – peeled and pitted

2 tbsp Agave Syrup

1/4 cup Oat Milk

3/4 cup Cacao Nibs (chopped) or Chocolate Chips

1 ½ tsp Vanilla Extract

1 pinch Nutmeg

1 pinch Salt

Optional Toppings: Whipped Topping, Cacao

Nibs (chopped) or Chocolate Chips, Cinnamon

directions

- In a small bowl, melt the chocolate chips in a microwave – about 35-50 seconds.
- 2. Place all ingredients, except toppings, into a food processor. Blend until fully combined.
- 3. Scoop mixture into serving glasses and garnish with toppings.

