



TOTAL WELLBEING
HEAD · HEART · HEELS

Helping Heels

Childcare | Pet Care | Senior Care
Volunteers & Paid Services

Fall 2024

Childcare

~ Volunteers ~

Ages defined as: Infant (1-12 months), Toddler (1-3 yrs.), Preschooler (4-5 yrs.), School Age Child (6+ yrs.)

Contact Information	Experience with Children Ages	First-Aid Certified	Skills & Experience	UNC Affiliation & Major	County(ies) to provide Care in	Availability	Date Available Through
Sarah Edwards sarah00@live.unc.edu Primary Ph# (704)775-5175	Infants Toddlers Preschoolers School Age	No	I was a live-in nanny for 4 summers for 2 children, I regularly babysit using an app called Bambino, and I was a camp counselor for girls ages 6-11 during the summer of 2019.	Biology & Anthropology Student	Contact for details	M/T/TH/F/Sat/Sun Wednesday before 3:30pm & after 6:00pm	Not provided
Jacqueline Gu jackiegu@live.unc.edu Primary Ph# (919) 412-8177	Toddlers Preschoolers School Age	No	I have tutored K-12 students in both English and piano/music theory. I also have four years of babysitting. I used to volunteer at the Children's UNC Hospitals before the pandemic for a year.	Biology BS Student	Contact for details	Mondays: 12-8pm Wednesdays: 3-8pm	Not provided
Ladaysia Jackson- Antrum ladaysia@live.unc.edu Primary Ph# (646) 748-3202	Infants Toddlers Preschoolers School Age	No	I baby sat in high school as well as watched younger family members. I have also lead fun science activities with large groups of elementary schoolers.	Nutrition & Biology Student	Contact for details	Wednesdays until 5:30pm Fridays 1:30-5:30pm Sat/Sun. until 5:30pm	Not provided
Alexa Knee Alexark@unc.edu Primary Ph# (631) 747-4707	Infants Toddlers Preschoolers School Age	No	Have babysat for multiple families for three years and was a summer camp counselor with second grade girls for two years	Biology Student	Contact for details	Weekends	2024
Annelise Marsh arin@live.unc.edu Primary Ph# (336) 686-9997	Infants Toddlers Preschoolers School Age	No	I have babysat while in high school and in college and I volunteered with a childcare program for kids with special needs for two years in high school.	Biology Student	Contact for details	M/F Wednesdays before 5:00 Weekends	Not provided
Mariell Ruiz marielita_rm@hotmail.com Primary Ph# (919) 819-9548	Infants Toddlers Preschoolers School Age	No	1.5 year of experience, I worked at a daycare, caring for children 3 months-5 years	UNC Permanent Employee	Orange	All day on Wednesdays & Thursdays	Not provided

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Childcare ~ Paid Services ~

Contact Information	Experience with Children Ages	First-Aid Certified	Skills & Experience	UNC Affiliation & Major	County(ies) to provide Care in	Availability	Date Available Through
Brett Batten brettab@live.unc.edu Primary Ph# (910) 742-2745	Infants Toddlers Preschoolers School Age	No	As a teenager, I frequently babysat for families in my neighborhood. I also have a brother that I would watch growing up. My mom is an elementary school teacher so I have experience helping her and the kids in her classroom.	Biology & Public Policy Student	Contact for details	Available everyday except when having zoom lectures M/W/F 9:20-9:45 TH 11:30-4:00	Not provided
Emily Blandford emily00@live.unc.edu Primary Ph# (252) 571-4372	Infants Toddlers Preschoolers School Age	No	I worked for the Twin Rivers YMCA Afterschool Program at Trent Park Elementary for 3 years. Also, I worked the same YMCA's summer day camp in 2019 with rising kindergartners and first graders.	Quantitative B Biology & Neuroscience Student	Contact for details	M/W/F 10:40am -12:30pm	Not provided
Lucy Cook lucycook@gmail.com Primary Ph# (919) 324-5275	Infants Toddlers Preschoolers School Age	No	7 years of experience; 3 years of experience teaching kids martial arts and working and supervising summer day camps.	English and Comparative Literature Student	Any area	M/T/W/Th/F evenings & overnights Any time Saturdays & sundays	May 2025
Kalina Georgieva kalinaeg@live.unc.edu Primary Ph# (828) 593-7361	Infants Toddlers Preschoolers School Age	Yes	4.5 years of experience. Complete Prosolutions childcare trainings as apart of the North Carolina CCDF Health and Safety Training Requirement	Biology Student	Contact for details	Weeknights/weekends Varies during weekdays depends on class schedule	Not provided
Stephanie Harris stephar@live.unc.edu Primary Ph# (919) 601-3274	Infants Toddlers Preschoolers School Age	No	10+ years nannying, babysitting	English and Art History Student	Contact for details	M-F 7am-12pm T&TH after 6pm M&F after 3:45pm	Not provided
Ruth Holt ruth_holt@unc.edu Primary Ph# (336) 260-4367 Secondary Ph# (919) 962-3055	Preschoolers School Age	No	I am a mature 58 year old woman, who has taken care of children I love them all, i love meeting new to me beings on the planet!	Permanent Employee	Contact for details	M/T/W/Th/F evenings Sat/Sun. evenings & overnights	Not provided
Stacy Keast skeast@energy.unc.edu Primary Ph# (919) 962-0037	Infants Toddlers Preschoolers School Age	Yes	30 years of experience; EMT Paramedic for 15+ years	Permanent Employee	Chatham Durham Orange Wake	All week evenings Sa & Su mornings, afternoons, overnights	Jan. 2025
Youngone Kim y1_joy.kim@gmail.com Primary Ph# (987) 400-9594	School Age	No	More than 10 years of experience, a former Kumon math, ACT test prep and general tutor,	Healthcare Admin. Student	Durham Orange	All week overnights W/F/Sat/Sun afternoons Sat/Sun mornings M/W/Th/F/Sat/Sun evenings	Dec. 2024
Jenna Knors jennakn@live.unc.edu Primary Ph# (919) 800-9487	Infants Toddlers Preschoolers School Age	No	I have been babysitting since I was 14 years old and I also used to work as a hab tech so I would work with people who had intellectual disabilities and help out with homework and everyday tasks	Nursing Student	Contact for details	Wednesdays Thursdays	Not provided

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Childcare ~ Paid Services ~

Contact Information	Experience with Children Ages	First-Aid Certified	Skills & Experience	UNC Affiliation & Major	County(ies) to provide Care in	Availability	Date Available Through
Madison Kutil Madisonkutil@gmail.com Primary Ph# (786) 774-1954	Infants Toddlers Preschoolers School Age	No	4 years of experience and 2 years as a substitute teacher.	Healthcare Admin. Student	Any area	Anytime Saturdays/Sundays M/T/W/Th/F evenings & overnights Flexible availability	May 2026
Trang Le trang.le@unc.edu Primary Ph# (267) 608-9428	Infants Toddlers Preschoolers School Age	Yes	I studied childhood care and education, also have many years of professional babysitting experience	Permanent Employee	Durham, Orange Wake	Weekday evenings Weekends	2024
Isabel Leavitt isabel_leavitt@med.unc.edu Primary Ph# (980)-254-1332	Infants Toddlers Preschoolers School Age	No	15 years of experience including community centers with children. Also volunteered at elementary and middle schools	Permanent Employee	Any area	All week evenings F/Sa/Su overnights Weekends mornings & afternoons	Not provided
Sneha Makhijani sneham@unc.edu Primary Ph# (919)-274-7615	Infants Toddlers Preschoolers School Age	Yes	I have volunteered at the UNC Children's Hospital since freshman year. I have been a regular volunteer at a children's rehab center since high school! FA, BLS, CPR, and Bleeding Control - Certified	Biology, Neuroscience Student	Alamance, Chatham Durham, Orange Wake	M/T/W/TH/F afternoons & evenings Sat/Sun all day	2024
Alicen Moore alicenem@ad.unc.edu Primary Ph# (336)-807-9789	Infants Toddlers Preschoolers School Age	No	4 years of experience, enjoy doing activities with kids, whether that be baking, crafting, or getting outside and getting some fresh air.	Student Nursing & AAAD	Alamance, Chatham Durham, Orange Wake	T/W/Th evenings M/T/W/Th/F/Sat/Sun overnights	Dec. 2024
Esra Mucahit esranm@ad.unc.edu Primary Ph# (347) 339-9457	Infants Toddlers Preschoolers School Age	No	I babysat younger children, toddlers/ elementary school students, throughout high school. I also volunteered with a child care center once a month, providing entertainment for the kids.	Neuroscience Student	Contact for details	M/F after 2:30pm Weekends	Not provided
Rachel Oloyede roloyede@unc.edu Primary Ph# (678) 834-4872	Infants Toddlers Preschoolers School Age	Yes	I am a former Pre-K-5th teacher and nanny. I also have been fur-mom to my dog Chloe for her whole 12 years of life.	Permanent Employee	Orange Durham Wake	M/Th/F/Sat evenings F/Sat afternoons Friday mornings	Aug. 2025
Kathryn Porter Kathryn_porter@med.unc.edu Primary Ph# (603) 845-6567	Infants Toddlers Preschoolers School Age	Yes	Had part-time nanny for a 2-3 year old boy for about 1.5 years. It was one of the greatest joys in my life	UNC Permanent Employee	Orange Wake	M/T/Th/F evenings F/Sat mornings & afternoons	Not Provided
Kennedy Poston kentpos@unc.edu Primary Ph# (919) 200-8892	Toddlers Preschoolers School Age	Yes	4 years of experience in childcare, certified nurse assistant	Medical Anthropology and Spanish	Orange Chatham Durham	T/Sat/Sun mornings Friday afternoons M/W/Th/F evenings & overnights	Not provided
Sonny Russell asruss@unc.edu Primary Ph# (978) 873-4208	Toddlers Preschoolers School Age	No	12 years of of childcare experience	Developmental Psychology Student	Chatham Durham Orange - Wake	Sat & Sun afternoons All week evenings Availability may change	May 2028

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~ Paid Services ~

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Charlotte Smith Charlotte_smith@med.unc.edu Primary Ph# (919) 265-3176	Infants Toddlers Preschoolers School Age	No	8 years experience with babysitting and 5 years of after school/tutoring/child care. I am bilingual in French and English, and can combine babysitting with French learning and tutoring. I enjoy teaching/mentoring and like helping children with school work.	Medical Student	Contact for details	M-TH 3pm - 9pm F-Sun 6pm-11pm	Not provided
Anna Van annavan1@live.unc.edu Primary Ph# (252) 624-8986	Infants Toddlers Preschoolers School Age	No	I used to babysit my 3 younger siblings all throughout my time living at home.	Biology Student	Contact for details	Tuesday afternoons Saturday mornings	Not provided
Bailey Williams baileygw@live.unc.edu Primary Ph# (252)903-7251	Infants Toddlers Preschoolers School Age	Yes	7 years of childcare experience	Undergraduate Student	Any area	M/W evenings & overnights T/TH/F afternoon, evening & overnights Sat/Sun morning, afrenoon, evening & ovenigt	Not provided
Nikki Wong omelas@live.unc.edu	Preschoolers School Age	No	I have worked in afterschool care for multiple years back in high school. I helped kids from ages 4-13 with school work and accompanied them with activities.	Radiologic Science Student	Contact for details	M/W after 4:00pm Fridays after 2:00pm	Not provided
Elaina Young youngje1@ad.unc.edu Primary Ph# (704) 910-9590	Infants Toddlers Preschoolers School Age	No	I have babysat since I was in middle school. I have 2.5 years experience working with ages birth-5 at a child care center and 2 years of experience working with ages 6-18 as a house parent at a residential care.	Social Work Student	Durham Orange	M/T/W/Th/F evenings	Not provided
Erica Zeng Ga-mei_zeng@med.unc.edu Primary Ph# (910) 379-1027	Infants Toddlers Preschoolers School Age	No	I have experience babysitting, have volunteered as a youth soccer coach, worked as a teaching assistant to kindergarteners in DPS.	Biology Student	Contact for details	Weekday mornings Weekends	2024

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Pet care
~ Volunteers ~

Contact Information	Experience with Pets	First-Aid Certified	Skills & Experience	UNC Affiliation & Major	County(ies) to provide Care in	Availability	Date Available Through
Mariell Ruiz marielita_rm@hotmail.com Primary Ph# (919) 819-9548	Dogs	No	6 months of experience. Have a dog and cat.	UNC Permanent Employee	Orange	All day on Wednesdays & Thursdays	Not provided
Lisa Smeester smesta@unc.edu Primary Ph# (781) 883.1885	Rabbits	No	Have had rabbits since childhood, currently have 3 and am active with Triangle Rabbits and Bunderground Railroad	Permanent Employee	Durham Orange Wake	M/T/W/Th/F evenings Sat/Sun mornings & evenings	Jan. 2022

Pet care
~ Paid Services ~

Kathryn Calderone kathryn_calderone@unc.edu Primary Ph# (757) 645-8825	Dogs Cats	No	7 years of experience Registered on rover.com and provide dog walking, pet sitting, and overnight pet care	Permanent Employee	Chatham	Everyday's evenings & overnights	Not provided
Lucy Cook lucycook@gmail.com Primary Ph# (919) 324-5275	Dogs, cats Fish, chickens Reptiles	No	12 years of experience in pet-sitting	English and Comparative Literature Student	Any area	M/T/W/Th/F evenings & overnights Any time Saturdays & sundays	May 2025
Ruth Holt ruth_holt@unc.edu Primary Ph# (336) 260-4367 Secondary Ph# (919) 962-3055	Cats Dogs	No	Many years of experience, I can go by the animal's home before work and after my work day at 5pm	Permanent Employee	Contact for details	M/T/W/Th/F evenings Sat/Sun. evenings & overnights	Not provided
Stacy Keast skeast@energy.unc.edu Primary Ph# (919) 962-0037	Cats Dogs Others	Yes	30 years of experience; Vet Tech for 5+ years	Permanent Employee	Chatham Durham Orange Wake	All week evenings Sat & Sun mornings, afternoons, overnights	Jan. 2025
Youngone Kim y1_joy.kim@gmail.com Primary Ph# (987) 400-9594	Dogs Cats Rabbits	No	7 years of experience	Healthcare Admin. Student	Durham Orange	All week overnights W/F/Sat/Sun afternoons Sat/Sun mornings M/W/Th/F/Sat/Sun evenings	Dec. 2024
Madison Kutil Madisonkutil@gmail.com Primary Ph# (786) 774-1954	Dogs Cats	No	20 years of experience of pet care	Healthcare Admin. Student	Any area	Anytime Saturdays/Sundays M/T/W/Th/F evenings & overnights Flexible availability	May 2026
Isabel Leavitt isabel_leavitt@med.unc.edu Primary Ph# (980)-254-1332	Dogs Cats	No	5 years of experience caring for peoples' animals watched dogs, cats, birds and snakes	Permanent Employee	Any area	All week evenings F/Sat/Sun overnights Weekends mornings & afternoons	Not provided
Sneha Makhijani sneham@unc.edu Primary Ph# (919)-274-7615	Cats Birds Hamsters, Mice	Yes	1 year of experience FA, BLS, CPR, and Bleeding Control - Certified	Biology, Neuroscience Student	Alamance, Chatham Durham, Orange Wake	M/T/W/TH/F afternoons & evenings Sat/Sun all day	2024
Alicen Moore alicenem@ad.unc.edu Primary Ph# (336)-807-9789	Dogs		4 years of experience, love dogs and I am available to get them outside and moving or to shower them with lots of love!	Student Nursing & AAAD	Alamance, Chatham Durham, Orange Wake	T/W/Th evenings M/T/W/Th/F/Sat/Sun overnights	Dec. 2024

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Pet care
~ Paid Services ~

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Kennedy Poston kennnpos@unc.edu Primary Ph# (919) 200-8892	Dogs Cats	Yes	4 years of experience in pet care	Medical Anthropology and Spanish	Orange Chatham Durham	T/Sat/Sun mornings Friday afternoons M/W/Th/F evenings & overnights	Not provided
Zoila Rivas rivaszoila@yahoo.com Primary Ph# (919) 475-9632	Dogs	No	1 year of experience Bilingual, excellent team player, hard working, people person	Permanent Employee	Contact for details	Sat/Sun afternoons	Not provided
Sonny Russell asruss@unc.edu Primary Ph# (978) 873-4208	Dogs Cats Reptile care	No	2 years of of petcare experience	Developmental Psychology Student	Chatham Durham Orange Wake	Sat & Sun afternoons All week evenings	May 2028
Prayer Watson prayerjackson@gmail.com Primary Ph# (616) 427-9445	Dogs Cats	Yes	5 years of experience. Available for pet sitting in your home, overnight/weekdays/weekend home sitting and walks.	Public Health Student	Alamance Chatham, Durham Orange, Wake	Available all week Flexible and happy to adjust if able	Sept. 2026
Denise Welteroth Denisewelteroth@yahoo.com Primary Ph# (336) 380-6297	Dogs Cats	Yes	7 years of experience from working in a animal clinic.	Permanent Employee	Contact for details	M/T/W/TH/F mornings & evenings Sat/Sun mornings, afternoons & evenings	Not provided
Bailey Williams baileygw@live.unc.edu Primary Ph# (252)903-7251	Dogs Cats	Yes	previously owned dogs and cats, experience with horses	Undergraduate Student	Any area	M/W evenings & overnights T/TH/F afternoon, evening & overnights Sat/Sun morning, afrenoon, evening & ovenight	Not provided

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Senior Care ~ Volunteers ~

Contact Information	Experience with seniors	First-Aid Certified	Skills & Experience	UNC Affiliation & Major	County(ies) to provide Care in	Availability	Year Available Through
Anjali Saji asaji@unc.edu Primary Ph# (910) 779-8175	Companionship Medical Care	Yes	Not provided	Biology Student	Chatham Durham Orange	M/T/W/Th evenings	Not provided
Christina Boelkins edb01@live.unc.edu Primary Ph# (980) 259-0013	Companionship	No	Not provided	Global Studies Student	Contact for details	M/T/W/TH/F evenings & overnights weekends	Not provided
Brittany Marcus britt003@email.unc.edu Primary Ph# (704) 724-0551	Companionship Care Medical Care	Yes	Completed Nurse Aide I course	Biology Undergraduate Student	Contact for details	Tuesday evenings Friday afternoons Sat/Sun mornings, afternoons & evenings	Not provided
~ Paid Services ~							
Ruth Holt ruth_holt@unc.edu	Companionship Care	No	20 years of experience I has taken care elders I love meeting new to me beings on the planet!	Permanent Employee	Contact for details	M/T/W/Th/F evenings Sat/Sun. evenings & overnights	Not provided
Stacy Keast skeast@energy.unc.edu Primary Ph# (919) 962-0037	Elder Care Companionship	Yes	20 years of experience; EMT Paramedic for 15+ years	Permanent Employee	Chatham Durham Orange	All week evenings Sat & Sun mornings, afternoons, overnights	Jan. 2025
Sneha Makhijani sneham@unc.edu Primary Ph# (919)-274-7615	Companionship Medical Care	Yes	I have the skills and ability to provide: FA, BLS, CPR, and Bleeding Control - Certified, CPR - Mental Health First Aid	Biology, Neuroscience Student	Alamance, Chatham Durham, Orange Wake	M/T/W/TH/F afternoons & evenings Sat/Sun all day	Not provided
Kennedy Poston kentpos@unc.edu Primary Ph# (919) 200-8892	Companionship Medical Care	Yes	2 years of experience , certified nurse assiatant	Medical Anthropology and Spanish	Orange Chatham Durham	T/Sat/Sun mornings Friday afternoons M/W/Th/F evenings & overnights	Not provided

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